



**Presidio  
January, 2019  
Breakfast Menu**

Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11
Waffle w/ Sausage Assorted Cereal Fruit of the Day Variety of Milk & Juice	Omelet Bar w/ Tortilla Assorted Cereal Fruit of the Day Variety of Milk & Juice	Bagel w/ Cream Cheese Assorted Cereal Fruit of the Day Variety of Milk & Juice	French Toast w/ Sausage Assorted Cereal Fruit of the Day Variety of Milk & Juice	Breakfast Burrito Bar Assorted Cereal Fruit of the Day Variety of Milk & Juice
Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18
Cinnamon Roll Assorted Cereal Fruit of the Day Variety of Milk & Juice	Omelet Bar w/ Tortilla Assorted Cereal Fruit of the Day Variety of Milk & Juice	Assorted Muffin w/ Cracker Assorted Cereal Fruit of the Day Variety of Milk & Juice	Egg & Cheese Muffin Assorted Cereal Fruit of the Day Variety of Milk & Juice	Breakfast Burrito Bar Assorted Cereal Fruit of the Day Variety of Milk & Juice
Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25
No School	Omelet Bar w/ Tortilla Assorted Cereal Fruit of the Day Variety of Milk & Juice	Pancake w/ Sausage Assorted Cereal Fruit of the Day Variety of Milk & Juice	Bagel w/ Cream Cheese Assorted Cereal Fruit of the Day Variety of Milk & Juice	Breakfast Burrito Bar Assorted Cereal Fruit of the Day Variety of Milk & Juice
Monday 28	Tuesday 29	Wednesday 30	Thursday 31	Variety of Milk Chooses White --Fat Free and 2% Chocolate --1% <i>A la Cart Milk .50 cents</i>
Danish Assorted Cereal Fruit of the Day Variety of Milk & Juice	Omelet Bar w/ Tortilla Assorted Cereal Fruit of the Day Variety of Milk & Juice	Yogurt w/ Granola Assorted Cereal Fruit of the Day Variety of Milk & Juice	French Toast w/ Sausage Assorted Cereal Fruit of the Day Variety of Milk & Juice	

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Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).



Presidio School

January-2019

Monday	Tuesday	Wednesday	Thursday	Friday
Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11
Cheese Burger	Chicken Nuggets	Beef Mac & Cheese	Beef & Potatoe Tostada	Pepperoni Pizza
Veggie Burger	Cheese Quesadilla	Mac & Cheese	Bean & Cheese Tostada	Cheese Pizza
Turkey & Cheese Sub	Ham & Cheese Sub	Turkey & Cheese Sub	Ham & Cheese Sub	Turkey & Cheese Sub
PB & Grape Jelly, Gram. Cracker, Low Fat String Cheese	PB & Grape Jelly, Gram. Cracker, Low Fat String Cheese	PB & Grape Jelly, Gram. Cracker, Low Fat String Cheese	PB & Grape Jelly, Gram. Cracker, Low Fat String Cheese	PB & Grape Jelly, Gram. Cracker, Low Fat String Cheese
Corn	Green Beans	Carrots	Refried Beans	Broccoli
Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day
Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk
Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18
Chicken Patty Sandwich	Spaghetti w Meat Sauce	Chicken & Potatoe Burrito	Beef Nachos	Pepperoni Pizza
Veggie Salad	Spaghetti w Marinara Sauce	Bean & Cheese Burrito	Cheese Nachos	Cheese Pizza
Turkey & Cheese Sub	Ham & Cheese Sub	Turkey & Cheese Sub	Ham & Cheese Sub	Turkey & Cheese Sub
PB & Grape Jelly, Gram. Cracker, Low Fat String Cheese	PB & Grape Jelly, Gram. Cracker, Low Fat String Cheese	PB & Grape Jelly, Gram. Cracker, Low Fat String Cheese	PB & Grape Jelly, Gram. Cracker, Low Fat String Cheese	PB & Grape Jelly, Gram. Cracker, Low Fat String Cheese
Corn	Green Beans	Carrots	Refried Beans	Broccoli
Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day
Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk
Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25
<b>No School</b>	Turkey Corn dog	Beef Chilaquiles	Chicken Quesadilla	Pepperoni Pizza
	Veggie Wrap	Cheese Chilaquiles	Cheese Quesadilla	Cheese Pizza
	Ham & Cheese Sub	Turkey & Cheese Sub	Ham & Cheese Sub	Turkey & Cheese Sub
	PB & Grape Jelly, Gram. Cracker, Low Fat String Cheese	PB & Grape Jelly, Gram. Cracker, Low Fat String Cheese	PB & Grape Jelly, Gram. Cracker, Low Fat String Cheese	PB & Grape Jelly, Gram. Cracker, Low Fat String Cheese
	Green Beans	Carrots	Refried Beans	Broccoli
Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	
Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk	
Monday 28	Tuesday 29	Wednesday 30	Thursday 31	
Sonoran Hotdog	Beef & Potatos Burrito	Sloppy Joe	Chicken Tenders	Ala Cart Milk .50 Each
Veggie Hotdog	Bean & Cheese Burrito	Grill Cheese	PB & Grape Jelly	White --Fat Free, 2%
Turkey & Cheese Sub	Ham & Cheese Sub	Turkey & Cheese Sub	Ham & Cheese Sub	Chocolate --1%
PB & Grape Jelly, Gram. Cracker, Low Fat String Cheese	PB & Grape Jelly, Gram. Cracker, Low Fat String Cheese	PB & Grape Jelly, Gram. Cracker, Low Fat String Cheese	PB & Grape Jelly, Gram. Cracker, Low Fat String Cheese	Served Daily PB & Grape Jelly Sandwich Honey Gram. Cracker, Low Fat String Cheese
Corn	Refried Beans	Green Beans	Carrots	
Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	
Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk	

Healthy Innovations Director: Christian Lerma (520) 495-5533  
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